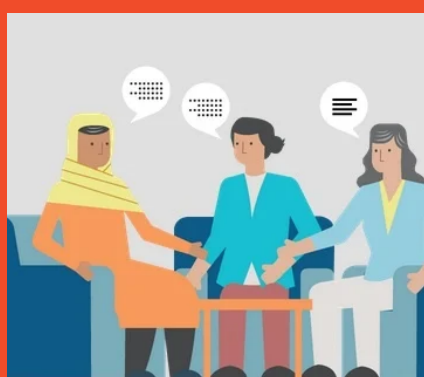


HELP!

In My Language



Interpreting Help (Free)

<https://sussexinterpreting.org.uk/>

Or call 01273 234825 after 3pm
Leave a message in your language



Your Rights

Arrest: <https://www.gov.uk/government/publications/notice-of-rights-and-entitlements-54-translations>

Hate Crime: <https://www.report-it.org.uk/>



Rights at Work

<https://www.youtube.com/watch?v=Zl-ful3KrZc>



<https://www.youtube.com/watch?v=rfk6lN4Oa5A&feature=youtu.be>



<https://www.youtube.com/watch?v=rjU-c4EmGug&feature=youtu.be>



https://www.youtube.com/watch?v=EDZVB_bzJ3E&feature=youtu.be



<https://www.youtube.com/watch?v=3SSrr23f2pk&feature=youtu.be>



<https://www.youtube.com/watch?v=FhuXcYEABJs&feature=youtu.be>



<https://youtu.be/6FdjR6POsJU>



https://www.youtube.com/watch?v=Bl_pH9lFe-M&feature=youtu.be



Children/Young People

<https://ealresources.bell-foundation.org.uk/information/helping-your-child-learn>

<https://www.childnet.com/resources/supporting-young-people-online>

Health and Wellbeing



Health

<https://medlineplus.gov/languages/languages.html>

NHS VIDEO: <https://www.youtube.com/user/FisherPip?feature=c4-feed-u>



Flu Vaccine

<https://www.gov.uk/government/publications/flu-vaccination-who-should-have-it-this-winter-and-why>



Covid 19

<https://www.brighton-hove.gov.uk/about-website/languages>

<https://www.doctorsoftheworld.org.uk/coronavirus-information/>

<https://covid19graphics.info/>

<https://covid19uk.iom.int/ar>



Food and Support (Covid 19)

<https://new.brighton-hove.gov.uk/get-covid-19-support-translations>

<https://covidbrightonhove.org.uk/>



Wellbeing- Feeling Better

<https://www.doctorsoftheworld.org.uk/wellbeing-guidance/>

Mental Health: <https://www.rcpsych.ac.uk/mental-health/translations>



EU Citizens

<https://sussexinterpreting.org.uk/news/eu-citizens-applying-for-settled-status/>